

The Southport Sun



Southport Springs Monthly Newsletter
Editor: Joe Grigevich grigsjr43@gmail.com

Assistant Editor: Lori Pettit lpettit547@gmail.com

September 2024

SEPTEMBER

HOA Events

**Listen & Dance To
"Groove Girls"**

Saturday, September 14th 7pm - 10pm

Pot Luck

Followed By Quarter BINGO

Tuesday, September 17th 5:30pm

Sip n' Salute

Sunday, September 22nd 6:00pm

**Listen & Dance To
"Charles Williams"**

Saturday, September 28th 7pm - 10pm

OTHER EVENTS

Nite Golf

Friday, September 13th

Dinner at 6:00pm

Followed by Play at 8:30pm

(see page 27 for details)

Please Note:

**3rd Thursday For September
Has Been Cancelled**

See details on pages 8



THE SOUTHPORT SUN HAS A NEW EDITOR

HOA president Barbara Holdridge recently announced that Bob Schutt from over on Ranger Parkway has volunteered to be Southport's newsletter editor effective with the upcoming October issue. Bob previously served as HOA secretary from 2013 to 2016 and has served as assistant secretary since 2017. Bob also maintains the HOA website.

Bob was born and raised in Chicago and began his working career in 1965 with a large Chicago based printing company as a monotype keyboard operator. In 1967 Bob joined the U.S. Army stationed at Ft. Rucker located in Daleville, Alabama. While at Ft. Rucker, he heard they had an Army band (the 98th United States Army Band); and since he played the trumpet, he decided he would audition which resulted in him becoming a band member. Following his discharge in 1969, he returned to Chicago and to the printing company where he would eventually become their computer typesetting Instructional Designer designing training programs and training users at various company composition facilities throughout the USA, Barbados, London, India, Sri Lanka and The Philippines.

In 2008, he and Connie (who've been married for 57 years) decided it was time to leave the harsh Chicago winters and head South. They saw an Ad in AARP magazine about Southport Springs and the rest is history. They came to Southport in 2008 where Bob was able to work from home until his retirement in 2011.

Bob and Connie have three children. Their daughter Valarie and her husband Butch live in Lithia, Florida and have six children and one grandchild. Their son Rob and his wife Cathy live in College Corner, Ohio and have five children. And their son Jerry, who passed away in 2012, has a son who lives in Mexico.

Word on the street is that Bob has a second address somewhere up in the North Pole where it's been said he stables eight tiny reindeer. Hmmm...very interesting.



SCHOOL BELLS RING... ...AND CHILDREN SING

Wednesday, August 7th - Members of the Southport Women's Club happily delivered the school supplies collected during their 'Christmas In July' event to Chester Elementary the morning of August 7th. Co-Chair Carol Dziki shared the following:

"Hello ALL you generous and caring residents of Southport Springs. We loaded and delivered your school supply items to Chester Taylor school. Again we outdid ourselves with all the donations for our precious children and the wonderful teachers who give of themselves to help these children learn and grow. The Women's Club cannot thank you enough. You always pay it forward many times over. God's blessings to ALL of you."



Dick Clark
3835 Ranger Parkway
1939 - 2024

Sincere and deepest sympathies are extended to Esther and her and Dick's families and friends. Please know that our thoughts and prayers are with you during this difficult time.

"And He will raise you up on eagles wings, bear you on the breath of dawn, make you to shine like the sun and hold you in the palm of His hands."

Michael Joncas

Tom Gallagher
4044 Russian Olive Lane
1943 - 2024

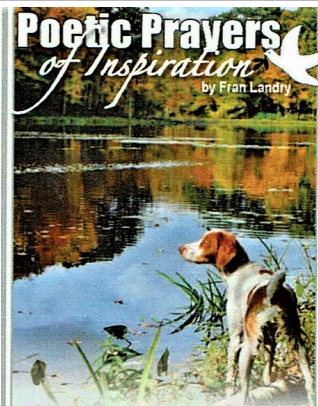
Our deepest condolences go out to Agnes and her and Tom's families and friends. Our thoughts and prayers are with you in this time of sorrow.

"He has sounded forth the trumpet that shall never call retreat. He is sifting out the hearts of men before His judgement seat. Oh, be swift my soul to answer Him! Be jubilant my feet!"

Julia Ward Howe



Bookmarks of Inspiration



Time for Change

The season is changing
Maybe you should too
Take a serious look
At what you need to do —
You could probably start
With five minutes of
your day
That's all the time
It takes to pray
Then trust that the Lord
With His love and might
Is transforming you to be
His creation ... just right!

© Fran Landry

"Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is — His good, pleasing and perfect will."

- Romans 12:2

Fran Landry can be reached by e-mail at franland2@me.com

Photo credit: lifeonlocationphotography@gmail.com

REMEMBERING SEPTEMBER 11, 2001



Blood Drive Raffle Winners

Winner of the \$50 cash prize donated by Sean and Lorene Rankin was Lynn Angel from over on Privet Court and winner of the \$25 gift card donated by our HOA was Rick Gelles who also lives on Privet Court. A big "shout out" to Sean and Lorene and the HOA for their continued support and to everyone who took the time to step forward to give **"The Gift of Life"**.



"When the power of love overcomes the love of power, the world will know peace."

Jimi Hendrix

TWO GOOD SOLES



The Women's Club will be collecting **new** closed toed shoes and socks for Pasco County school students (kindergarten through high school) starting Monday, September 2nd on through mid-October. The collection box is located in the lobby of the Main Clubhouse for your donations. **Monetary donations can be given to Cindy Judy, 3938 Ranger, and we will shop for you.** The Two Good Soles event is a great way to help local school students get off on the right "foot".

Last year we collected 55 pairs of shoes and 529 pairs of socks.



SUNSHINE COMMITTEE

November 9th is our big fundraiser Bake Sale! As always, our sale is the same day as the Fall Craft Fair. We will be at the Little Clubhouse. Please bake, buy or donate money. This is how we distribute the Sunshine to our community. **See our Ad on page 26** and "thank you" Marti for your help with the Sunshine Facebook page! A huge thank you to all of you who continue to support the Women's Club mission to help those in need in Pasco County. **Reminder:** Medical assistance devices (walkers, wheelchairs, transporters, shower seats etc.) are available free of charge and on loan from Tim and Harriett Carman 3936 Arrowwood Drive (618-978-8564).



Karol McGinn
813-388-0148
KarolMcGinn@gmail.com



Cindy Judy
712-514-3997
cinjudy622@gmail.com



Let us pray for all of our friends here in Southport who are battling any health and/or personal issues. Let's also keep all caregivers in our thoughts and prayers as well.



~The Zephyrhills Gazette~

YOUR HOMETOWN NEWSPAPER SINCE 1923

Thursday, August 1, 2024 101st Year - No. 31

zephyrgazetteonline.com 50cents

Local pro golfer found in portajohn



Wednesday, July 31st - the body of golf instructor and retired pro golfer Norman Putts was discovered in the early morning hours in a portajohn located in proximity of hole 13 on the golf course at Southport Springs Golf & Country Club here in Zephyrhills. Putts' body was discovered at approximately 6:30am by golf course ranger Dan Jacques. Authorities were immediately dispatched to the scene following a call from Golf Course Manager Earl Hines.

Putts was transported to Advent Hospital where he was pronounced dead upon arrival. It appears that the victim succumbed to multiple stab wounds. Authorities are investigating.

Prior to moving to Southport Springs six months ago, Putts (aka The Silver Fox) was a golf instructor at Shinnecock Hills Golf Club in Southampton, N.Y.

Note: Medical examiners determined that the victim, Norman Putts (aka The Silver Fox) succumbed to 18 vicious stab wounds inflicted by the perpetrator in an apparent fit of outrage. **So.....**

Who Murdered Norman Putts?? And Why?

Come Help Solve The Mystery

'18 More Holes'

Who Murdered Norman Putts?

Murder Mystery Dinner

Sunday, October 13th (doors open at 3:00pm)

Main Clubhouse

All Inclusive Buffet Dinner \$20.00pp

Tickets Go On Sale Wednesday, September 11th (see pg. 9)

**Table Reservations Available (first come/first served)
limit 8 tickets per person (if available)**

Net Proceeds to Benefit The Veteran's Memorial Wall & The Sunshine Committee

This Is A Community Sponsored Event

ADVERTISER'S DIRECTORY

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Annual Wreath Open House
See page 12



Thanks



To everyone here in Southport and to our advertisers, I just want to say "Thank You"! Thank you for the privilege of serving you as Editor of our community newsletter these past eight plus years. It's been an honor and an experience I will always hold dear to my heart. As I've mentioned in many an editorial, time sure does pass by quickly (too quickly) and it amazes me that this will be my final

issue since becoming your editor in July 2016. There can be little doubt that I leave with mixed emotions and will really miss doing something I've been deeply committed to and something I have so thoroughly enjoyed. But the time has come. It's time for someone new to bring a new, fresh and exciting perspective. And so I wish our new Editor, Bob Schutt the absolute very best knowing that you'll all afford him the same support, respect and appreciation that you've afforded me over the years. I'd like to take a moment to extend a special thanks to a few folks who helped make "The Southport Sun" one of the best and most informative and fun community newsletters letters in the area if not the State. Firstly, a great big "Thanks" to 'Charlie' my wife for being so supportive

and never complaining that I was spending way too much time on the newsletter and for the countless hours she spent proofreading each and every issue. To Lori Pettit, my Assistant Editor for all her help and support. To all of you who contributed content each month; especially Bob Gallion, our resident Master Gardener for his amazing articles about gardening as well as his Veteran articles; to Dick Knoles for his imaginative and creative cocktail recipes; to Karol McGinn, Cindy Judy and Carol Dziki for keeping us updated regarding activities and events sponsored by the Sunshine Committee and Women's Club, to Dave Dundas for keeping our resident golfers informed and updated and to photographers Marti Vest, RuthAnn Brown, Kara Krohn and Donna Miller. And finally, I'd like to thank the office staff including Sean Rankin, Susan Andre and Marilyn Hines for all their help and support. Make no mistake about it. It takes a lot of folks working together. And once again, I just want to say **"Thanks A Million"** to all of you readers for your kind words of support and appreciation.

'Charlie' and I will still be involved with various activities including the bus trip program (which we thoroughly enjoy doing); and "The Gift of Life" ministry (blood drive) will always be a deep passion of mine. And I'll continue to volunteer here and there to help out in any way I can because Southport is an amazing place to live. So be kind to one another and always remember that **"The Sun is always shining; even on rainy days, it still shines brightly above those dark and gloomy clouds"**.

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...wastin' away again searching for my last shaker of salt.



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***Join Us In Celebrating
Lee Campbell***

***It's
Party
Time!***



***Your
Prescence
Is
Present
Enough!***

On His 90th Birthday!

***Wednesday, September 25th
2:00pm to 4:00pm
Southport Springs Ballroom***

(Cake Will Be Served)



COMING THIS MONTH

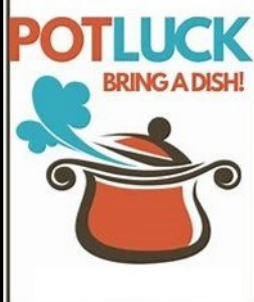
Listen & Dance To The Music Of "Groove Girls"

**Saturday, September 14th
7-10pm**

**HOA Members \$7.00
Non Members \$9.00**

Tickets Now On Sale (See pg 9)

Table Reservations Available (first come/first served)
Limit 8 tickets per person



POTLUCK Dinner

**Tuesday,
September 17th
5:30pm
Followed By
Quarter BINGO**



**Bring a favorite dish for 10 to 12 to share
and bring your own tableware & flatware**

**Iced Tea & Lemonade will be provided
sign-up sheet will be posted on the main bulletin board**



Sip N' Salute

**Sunday
September 22nd
6:00pm**

**Meet At The Main
Clubhouse**

**Listen & Dance To
The Music Of
"Charles Williams"
Saturday,
September 28th
7-10pm**

**HOA Members \$7.00
Non Members \$9.00**

Tickets Now On Sale

Table Reservations Available (first come/first served)
Limit 8 tickets per person



**See Page 9
For Ticket Sales Info**



COMING NEXT MONTH



KARAOKE Is BACK!

**FRIDAY
OCTOBER 4TH & 18TH
6-9PM**

**COME JOIN THE
FUN!**

**FREE ADMISSION
EVERYONE IS WELCOME**

EVENING INCLUDES A SHARE THE WEALTH RAFFLE

**DONATIONS GLADLY ACCEPTED
TO HELP DEFRAY COSTS**



Listen & Dance To The Music Of

"JT & Jen"

**Saturday, October 12th
7-10pm**

**HOA Members \$7.00
Non Members \$9.00**

Tickets Go On Sale Wednesday, September 25th

Table Reservations Available (first come/first served)
Limit 8 tickets per person

Halloween Dance

"Good Stuff"

**Saturday, October 26th
7-10pm**

**HOA Members \$7.00
Non Members \$9.00**

**Tickets Go On Sale
Wednesday, October 9th**



Table Reservations Available
(first come/first served)
Limit 8 tickets per person



**Turn To Page 12
To See
What's Coming
In
November**





TICKET SALES SCHEDULE FOR UPCOMING EVENTS

**Tickets For All HOA Events On Sale Wednesday Mornings
In The Main Clubhouse Ballroom 8:00am - 9:00am**
(Table Reservations Available (First Come/First Served)
Unless Noted As Open Seating) **(Limit 8 Tickets Per Person)**

Tickets For All Other Events On Sale As Posted (see below)

Disclaimer: All event and social activity information included herein is consistent with information that was provided to our editorial staff as of this printing. *Thank you.*

HOA EVENTS

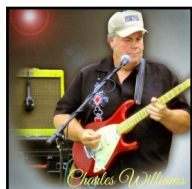
Event

Ticket Purchase Dates



"Groove Girls"
Saturday, September 14th

**Wednesday Morning
September 4th & 11th
(at the door the evening of)
If not sold out**
(call Sue Redshaw at 217-653-2991 to inquire)



"Charles Williams"
Saturday, September 28th

**Wednesday Morning
September 11th, 18th & 25th
(at the door the evening of)
If not sold out**
(call Sue Redshaw at 217-653-2991 to inquire)

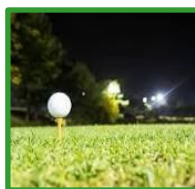


"JT & Jen"
Saturday, October 12th

**Wednesday Morning
September 25th & October 2nd & 9th
(at the door the evening of)
If not sold out**
(call Sue Redshaw at 217-653-2991 to inquire)

OTHER EVENTS

**Tickets On Sale Wednesday and Friday in The Tavern
From 4:00pm to 5:30pm as posted**



"Nite Golf"
Friday, September 13th

**Wednesday September 4th & 11th
& Friday September 6th**



"18 More Holes"
Murder Mystery Dinner
Who Murdered Noman Putts???
Sunday, October 13th

**Wednesday
September 25th & Friday, September 27th
Also on Wednesday, October 2nd & 9th
And Friday, October 4th
Table Reservations Available
(first come/first served)
Limited to 8 tickets per person (if available)
(no tickets at the door)**





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Well Care / Florida Blue / Freedom and *MORE!***



SPS VETS

From the 18th amendment's ratification on January 16, 1919, until it's repeal in 1933, prohibition dominated American society. Most libation lovers were forced to either give up alcohol or acquire it by illicit means, while other cunning boozehounds conceived of clever workarounds. One such individual was British Statesman Winston Churchill, who capitalized on an otherwise unfortunate bicycle accident he had suffered December 13, 1931, while riding down 5th Avenue in New York City. Churchill experienced great pain, for which his doctor conveniently prescribed alcohol as a treatment. It was likely Churchill himself requested this specific "medicine" says Otto C. Pickard M.D. who wrote the following. *"Churchill necessitates the use of alcoholic beverages especially at mealtimes, thus permitting the future prime minister to skirt the law during his stateside visits."* Dr. Pickard described the dosage as naturally indefinite. But no less than 250 cc's of hooch were needed to be of medical value. Churchill's case was far from unusual as pharmacies often prescribed alcohol as medicine during prohibition due to lucrative payoffs. It was one of several methods Churchill used to finagle his way around prohibition. He once visited an American speakeasy, wryly quipping that he only did so as a social investigator. Churchill's drinking wasn't to be impeded. In the presence of a Saudi King, Churchill used an interpreter to explain his religion. Alcohol was described as an absolute sacred ritual. Smoking cigars and drinking alcohol before, after, and if need be, during all meals and intervals in between. Hope you enjoyed a look back at our past.

Bob Gallion



WE NEED HELP

Do to a whole host of reasons, we really are struggling to find volunteers to help us with raising and lowering our flags at the Memorial Wall.

Calling on all Veterans....

The Veterans committee urgently needs your help. Throughout the year, we need help in raising and lowering the flags when needed. **But you don't need to be a Veteran to help us out.** Calling all Patrons as well. Anyone whose grandparents or parents or sibling or our cousin served in the military is welcome to give us a hand as well. Whatever time you can give is deeply appreciated. Please give me, Bob Gallion a call at **813-838-3668** if you're able to help us out. Thanks. God bless you and God bless this great land or ours.



CALL (727) 435-0747

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HOA NEWS *Barbara Holdridge, President*



Happy Labor Day!

We live in a great community. There are so many folks that volunteer to make this community a great place to live. Thanks to all the volunteers that do yoga, line dancing, powerwalking, pool aerobics, coffee, golf scrambles, golf leagues, bingo, card games, bus trips and entertainment. These volunteers are very special. Without them, we would not be able to have all these great functions for everyone to enjoy.

Thank you to ALL the volunteers! A BIG SHOUT OUT goes to Bob Schutt for stepping up and taking over doing our Newsletter. THANK YOU, BOB!

Just a reminder, your coffee social will begin every Wednesday starting September 4. There will be a speaker from Underhome Armor that day. A company representative will be talking about how important it is to have your home checked to ensure your tie-downs are secure. The HOA meetings will start on Tuesday, September 10 at 7:00 p.m. in the clubhouse. Hope to see you all there. Start putting on your thinking caps for the election coming up in January. We will need volunteers for the nominating committee which will start in October. If you would like to serve on this committee just let the HOA board know. This committee is looking for folks that would like to serve on the board.

A reminder to fill out your census report. It is to be filled out by the end of September and handed into the front office to be put in your file.

We are still looking for suggestions on what you would like to see happen over the next three years. What would you like to see? What is your wish list? Put your suggestions in the HOA box and we will address them.

Thank you!

Barbara



"Kindness is the language the deaf can hear and the blind can see."

Mark Twain

LOOK AT WHAT'S COMING IN NOVEMBER!

Southport's Woodstock Reunion

Sunday
November 3rd

Get Ready For
AN AFTERNOON/EVENING
OF FUN AND NOSTALGIA

LOOK FOR DETAILS IN THE OCTOBER NEWSLETTER

THIS IS A COMMUNITY SPONSORED EVENT

Come Celebrate
The
80's Ladies
Wednesday
November 13th

Look For Details
In The October Newsletter

THIS IS A COMMUNITY SPONSORED EVENT

Annual Wreath Open House

Thursday
September 12th
2-4pm & 6-8pm

Sue Jones

4030 Russian Olive Lane

Fall Wreaths & Door Hangers Available
(Halloween Too)

Sneak Peek At Christmas Items
Refreshments Served

Stop by and bring a friend or neighbor
and visit or shop....have fun!

~TURKEY TROT~ SIP n' SALUTE POKER RUN!

Sunday
NOVEMBER 24th

LOOK FOR DETAILS
IN THE OCTOBER NEWSLETTER



THIS IS A COMMUNITY SPONSORED EVENT

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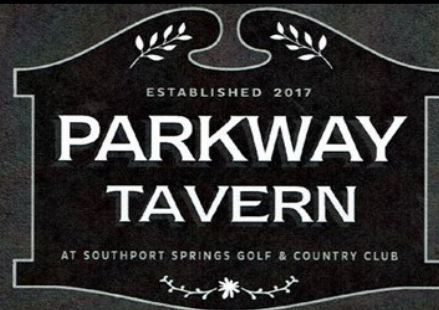
- 1 Pre-chemical plus any spot cleaning necessary.
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- 3 Low pressure wash & rinse.
- 4 Spray home with wax sealant.
- 5 Squeegee windows.

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- > ROTAN > HONDURAS
- > BELIZE CITY
- > PUERTO COSTA MAYA

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GOT QUESTIONS? CALL OUR SOUTHPORT CRUISE COORDINATORS
SUE REDSHAW AT 217-653-2991 * OR ROGER LEVESQUE AT 656-900-2632

THEY DID IT!



They sure did! As you watched these young men in the trials earlier this summer, you somehow knew there was something special going on. They just seemed to click. And so after 16 years, the American men's gymnastics team finally medaled bringing home the bronze. And Stephen Nedoroscik dubbed the "Pommel Horse Guy" (the guy in the center) from Worcester, Massachusetts and who trains here in Sarasota, won the individual pommel horse bronze medal as well. The crowd went



wild! Then there's the women's team. What an amazing group of athletes these young women are! They took gold in this year's game which would be the fourth time (1996, 2012, 2016 & 2024). And team captain Simone Biles (center) took home four medals (3 of them gold) making her the GOAT of women's gymnastics with a total of 11 medals (seven of them gold) surpassing Shannon Miller who won 7 medals (two of them gold) and who last competed in 1996 in Atlanta. All in all, the 2024 summer games did not disappoint. And as always, they were amazing and inspiring to watch. However, the jury is still out on break dancing. Really? Break dancing?? LOL



WHAT'S IN A WORD?

WORD SCRAMBLE (A Few Competing Nations)

BAOTNSAW

EGTYP

EATHIPO

PANLOD

FRANCER

GEYRMNA

UNETDI SESTAT

SPNAI

ILYAT

GETAR BAIRNIT

AENNTIGRA

ABARU

BLIZAR

MOXICE

STINA LACIU

JANAP

TINAHALD

DEAKNRM

LIHTIAAUN

CIROATA

IRLSEA

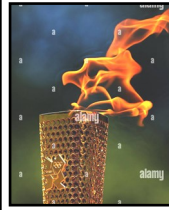
IDRALEN



ANSWERS

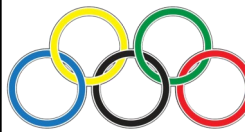
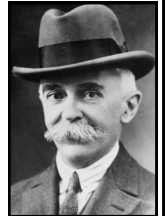
DEAKNRM, LIHTIAAUN, CIROATA, IRLSEA, IDRALEN
ABARU, BLIZAR, MOXICE, STINA LACIU, JANAP, TILAAHND
UNITED STATES, SPAIN, ITALY, GREAT BRITAIN, AENNTIGRA
BOTSWANA, EGYPT, ETHIOPIA, POLAND, FRANCE, GERMANY

DID YOU KNOW?



that historians believe that the first Olympic flame was lit in a temple built on Olympia by the ancient Greeks in honor of Hera, the wife of the Greek god Zeus in 776BC. In ancient Greek mythology, fire is considered divine. By the way, the Olympic flame is always burning.

that the modern Olympic games have been played for 128 years. The original games were played for 616 years from 776BC until 392AD and didn't return until 1896 (1,503 years later) when Pierre de Coubertin, a French educator and first IOC President reorganized the games which were held in Athens.



that the five Olympic rings are symbolic of the five continents and the colors were chosen because they appear on the flags of all competing nations.

that the tradition of an Olympic gold medal winner biting his or her medal harkens back to ages past when merchants checked gold coins to make sure they weren't lead forgeries (a lead coin would show teeth marks and a gold coin would not). The last time Olympic medals were made of solid gold was in 1904. Today, silver and gold medals contain approximately 93% solid silver and the gold medal is coated with 6 grams of gold. This years medals (all three) each contain a piece of the Eiffel Tower.



that the United States won 126 medals in this years Summer Games in Paris (40 gold, 44 silver and 42 bronze). That's 35 more than China who came in second and 61 more than Great Britain who came in third.



Boy!
Those were
some games!

Who you
calling
dames?

Games Gladys!
Games!











Events & Activities

September 2024



MC - Main Clubhouse
LC - Little Clubhouse
PR - Poker Room
TC - Tennis Court

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 1pm Cicut Classes - MC  7pm Pickleball - TC	2 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 10am Water Aerobics 10am Women's Club Meeting - LC 6pm Dominoes - MC 6pm Horseshoes 6:30pm Shuffleboard	3 9am Intermediate Line Dancing - MC 10am Advanced Line Dancing - MC 11am Baby Stepper Line Dancing - MC 6:15pm Corn Hole (horseshoe pit) 7pm Euchre - LC	 4 8:30am Coffee & Donuts (meeting at 9am) - MC (coffee & donuts compliments of your HOA) 9:30am Power Walking - MC 10am Water Aerobics 2pm Mahjong - LC 6:30pm BINGO	5 8am Tennis - TC 8:30am Pickleball - TC 9am Intermediate Line Dancing - MC 10am Advanced Line Dancing - MC Noon Bridge - LC 6pm Horseshoes	6 9am Bible Study - LC 9:30am Power Walking - MC 10am Water Aerobics Noon Hand & Foot lunch followed by cards - LC 7pm Farkle - LC	7 8am Tennis - TC
8 7pm Pickleball - TC	9 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 10am Water Aerobics 10am Women's Club Meeting - LC 1pm Genealogy - PR 6pm Dominoes - MC 6pm Horseshoes 6:30pm Shuffleboard	10 9am Intermediate Line Dancing - MC 10am Advanced Line Dancing - MC 11am Baby Stepper Line Dancing - MC 6:15pm Corn Hole (horseshoe pit) 7pm Euchre - LC	 11 8:30am Coffee & Donuts (meeting at 9am) - MC 9:30am Power Walking - MC 10am Water Aerobics 2pm Mahjong - LC 6:30pm BINGO	12 8am Tennis - TC 8:30am Pickleball - TC 9am Intermediate Line Dancing - MC 10am Advanced Line Dancing - MC Noon Bridge - LC 6pm Horseshoes	13 9am Bible Study - LC 9:30am Power Walking - MC 10am Water Aerobics 1pm Hand & Foot - LC 6pm NITE GOLF - MC 7pm Farkle - LC	14 8am Tennis - TC 7-10pm MC Groove Girls 
15 10am Silver Needles Meeting & "Sew Day"  7pm Pickleball - TC	16 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 10am Water Aerobics 10am Women's Club Meeting - LC 6pm Dominoes - MC 7-10pm MC Little Big Band 6:30pm Shuffleboard	17 9am Intermediate Line Dancing - MC 10am Advanced Line Dancing - MC 11am Baby Stepper Line Dancing - MC 5:30pm Pot Luck/Quarter BINGO MC 6:15pm Corn Hole (horseshoe pit) 7pm Euchre - LC	 18 8:30am Coffee & Donuts (meeting at 9am) - MC 9:30am Power Walking - MC 10am Water Aerobics 2pm Mahjong - LC 6:30pm BINGO	19 8am Tennis - TC 8:30am Pickleball - TC 9am Intermediate Line Dancing - MC 10am Advanced Line Dancing - MC Noon Bridge - LC 6pm Horseshoes	20 9am Bible Study - LC 9:30am Power Walking - MC 10am Water Aerobics 1pm Hand & Foot - LC 7pm Farkle - LC	21 8am Tennis - TC
22  6pm Sip n' Salute - MC 7pm Pickleball - TC	23 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 10am Water Aerobics 10am Women's Club Meeting - LC 6pm Dominoes - MC 7-10pm MC Little Big Band 6:30pm Shuffleboard	24 9am Intermediate Line Dancing - MC 10am Advanced Line Dancing - MC 11am Baby Stepper Line Dancing - MC 6:15pm Corn Hole (horseshoe pit) 7pm Euchre - LC	 25 8:30am Coffee & Donuts (meeting at 9am) - MC 9:30am Power Walking - MC 10am Water Aerobics 2pm Mahjong - LC 6:30pm BINGO	26 8am Tennis - TC 8:30am Pickleball - TC 9am Intermediate Line Dancing - MC 10am Advanced Line Dancing - MC Noon Bridge - LC 6pm Horseshoes	27 9am Bible Study - LC 9:30am Power Walking - MC 10am Water Aerobics 1pm Hand & Foot - LC 7pm Farkle - LC	28 8am Tennis - TC 7-10pm MC Charles Williams 
29 7pm Pickleball - TC	30 8am Tennis - TC 8:15am Yoga - MC 9:30am Power Walking - MC 10am Water Aerobics 10am Women's Club Meeting - LC 6pm Dominoes - MC 7-10pm MC Little Big Band 6:30pm Shuffleboard					



Wednesday is Recycling Pick-up Day

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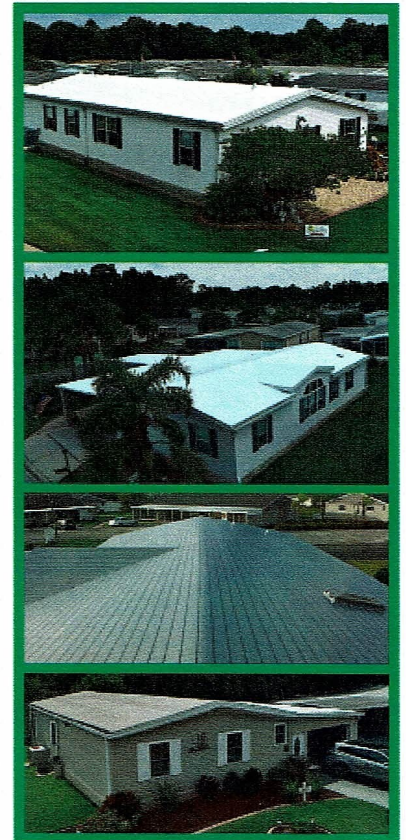
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Mark Your Calendars



The Brown-Trent Genealogy Group

will meet Monday, September 9th 2024 at 1pm in the Poker Room. We have Internet service, so bring your laptops and tablets. Free research opportunities will be available. Also available will be photo scanning if you

have a 16mg SD card. For more information, you can text me at **618-978-8564** or, you can E-mail me at **timc522@aol.com**



Tim Carman



Morning Bible Study

Southport's Morning Bible Study group meets every **Friday morning at 9am** in the Little

Clubhouse. "Studying the Bible helps us grow in faith, grow in joy and grow in wisdom". Everyone is welcome. For more information, you can call me at **813-778-4027**

Rita Walters

"All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, that we may be complete; equipped for every good work."

2 Timothy 3:16-17



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National Institute Of Mental Health



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SPANISH MOSS/LOVE BUGS



Bob Gallion

rcgallion@gmail.com

I've received numerous questions from residents about varied topics. Here are some of the most interesting discussions.

1. How do I get rid of Spanish Moss? It's killing my trees.

A bit of TRIVIA on this topic. It is not a true moss but a Bromeliad*. An epiphyte** not a parasite. Spanish Moss collects all its needed nutrients

from the air. The moss clings to trees and uses it for support. The plant has no root structure; nothing to penetrate the tree and drain away nutrients. Spanish Moss may shade the tree slowing growth, food production and increasing the weight of its branches during rain storms. In turn, it increases the chances of limb breakage. This shading may kill sections that don't get enough sun to make food.



The plant is very drought tolerant as it stores water collected by scales on the needles. It can also go dormant during extreme drought. Fragments break off, become airborne, land and start a new generation.

Spanish Moss is often rumored to have chiggers nesting in its weave. You may encounter chiggers in moss that has laid on the ground. Gloves are recommended when handling the material. If you want the buildup of moss removed from a tree, I suggest you contact a landscape contractor and stay safe. **REMEMBER: Ladders and plus 65-year-old residents are not a good combination! STAY SAFE!**

*Bromeliad is a plant native to sub-tropical America having short stems and spiny leaves. There are 3,475 known species. Pineapples are in the Bromeliad family.

**Epiphyte is a plant that grows on another plant but is not a parasite, i.e. Orchids.

2. Where did the Love Bugs come from and why can't we get rid of them?

First, they are not a species that resulted from a University of Florida insect genetics project gone bad. Simply stated they are here via natural migration starting in Central America, moving thru Mexico, and into Texas



and all the Gulf Coast States. We see them when they are mating, which occurs twice yearly. Both periods last about 4 weeks, (May and September). "This is the real reason our friends from the north wait until October to return." Yes, they will be back in September. Love bugs do not bite but are a nuisance.

If they decompose on your car, the remains become acidic and may etch your car's finish. This is more of a problem on older cars. Paint manufacturers have improved the clear coats minimizing damage caused by Love Bugs. They are still difficult to remove. Their Latin name means "Splat". Very fitting. Based on recent studies the Love Bug population is down but still significant numbers remain. Very few were seen this past May.

Males are the first to rise from the fields. They hook up immediately with females when they fly out of the thatch

build up. Males live 4 to 5 days and females 3 to 4 days. The mating process takes hours thus you see most of them stuck together while flying. Here is the sad part. The male dies after mating and is dragged around by the female until she is ready to lay eggs, then she dies. Love Bugs remain paired for about 3 days. The female is slightly longer and has more girth because she is carrying the eggs. Larvae live in the thatch found in fields and lawns. This thatch is their prime source of nutrient. Adults feed on Sweet Clover, Brazilian Peppers, and Golden Rod. Their greatest predator is a car windshield. There are a few insects that eat the larvae. Adult bugs have an acidic taste and are avoided by most birds. Males and females are attracted to white surfaces and the scent of spent gasoline. These facts are easily confirmed when you are stopped at a gas station. Watch their activity and where they tend to congregate.



Bob Gallion

Retired Master Gardener, Pasco County

You're welcome to text me at **813-838-3668** with any questions.



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WEDNESDAY MORNING COFFEE & DONUT SOCIAL

8:30am Meeting At 9:00am



Main Clubhouse

Donation
\$2.00pp

Compliments Of Your
HOA Every
1st Wednesday
Of The Month



Power Walking

Monday, Wednesday & Friday Mornings
9:30am

MAIN CLUBHOUSE

Need More Info?
Call Val at 610-334-2690



Yoga

Monday Mornings Starting at 8:15am
MAIN CLUBHOUSE

Have Questions?
Call Terri at 813-713-0261



LINE DANCING

Tuesdays & Thursdays
MAIN CLUBHOUSE

Intermediate
with Rose McNatt at 9:00am 813-862-5937

Advanced
with Val Lebo at 10:00am 813-788-0793

Baby Steppers
with Mike Quartucci at 11:00am 267-6769-9750
(Baby Steppers On Tuesday Only)



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Welcome

Need More Info? Call Connie Schutt
At 815-474-3284

BINGO



I ♥
Bingo
Players



C'mon Down!

In The Main Clubhouse

Every Wednesday
starts promptly at 6:30pm
(come early to get your play grids)



HAND & FOOT

Come join the fun every Friday starting at 1:00pm in the Little Clubhouse. On the first Friday of the month players are invited to get together for lunch at Noontime followed by cards.

Have Questions?
Call Chickie Naclerio at 813-715-6397



DOMINOES
Every Monday evening
at 6:00pm
In The
Main Clubhouse

Need more info?
Call Lee Edwards at 863-207-2523

MAHJONG



Attention all residents who are interested
in learning or playing a fun and exciting game.
Come join us in the Little Clubhouse on
Wednesdays at 2:00pm.

Have Questions?
Contact JoAnn Fearick at 813-335-7519



Water Aerobics

Monday Wednesday & Friday Mornings
10:00am

For more information call
Desdie Eberman at 912-401-9646 or
Barbara Holdridge at 813-701-6789



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suer@southportspringshoa.com
217-653-2991



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mikes@southportspringshoa.com
863-333-8028



FMO Representative
Tim Carman
timc522@aol.com
618-978-8564

HOURS OF OPERATION

- **FRONT GATE:** Daily 6am - 8pm
- **GOLF COURSE:** Daily 7am to 5pm
- **PRO SHOP:** Mon-Sat 7am - 5pm (Sun 7am-2pm)
- **POOL:** 8am - Dusk Daily (**residents & guests only**)
- **MAIN CLUBHOUSE:** Daily 7am to 10pm
- **POKER ROOM:** Daily 7am to 10pm
- **LITTLE CLUBHOUSE:** Daily 7am to 10pm
- **PARKWAY TAVERN:** See AD on Page 13 For Days and Hours of Operation

COMMUNITY CONTACTS

General Manager - Braxton "Sean" Rankin
brankin@suncommunities.com

Ass't General Manager -

Sales Coordinator - Marilyn Hines
mhines@suncommunities.com

Office Coordinator - Susan Andre
sandre@suncommunities.com

Office Hours - Mon thru Friday 8am-5pm
Closed For Lunch from 12:00 Noon - 1:00pm
(appointments preferred)

Main Number: 813-782-3800

Parkway Tavern Manager - Karen Muncey
kmuncey@suncommunities.com

Parkway Tavern: 813-715-9811

Golf Course/Pro Shop Manager - Earl Hines
ehines@suncommunities.com

Pro Shop: 813-780-7637

AFTER HOURS EMERGENCY NUMBER
877-786-6048

CONCERNS OR COMPLAINTS

Anyone having concerns or complaints are asked to submit them in writing to the attention of Sean Rankin our community manager who will be more than pleased to promptly address your concerns. If you feel your concerns have not been adequately addressed within a reasonable period of time, you should then submit a copy of your concern or complaint to our HOA President. Finally, if you feel your concern or complaint has still not been addressed to your satisfaction, you are welcome to go to Sun Communities' website where you can access corporate contact information.

<https://www.globaldata.com/company-profile/sun-communities-inc/executives/>



SUN COMMUNITIES, INC.

NEED TO RESERVE SPACE?

Main Clubhouse Ballroom & The Little Clubhouse:
Please contact Barbara Holdridge, HOA President at **813-701-6789** or E-Mail her at barbara@southportspringshoa.com

Poker Room: Please e-mail your request to the Community Office at southportsprings@suncommunities.com

Note: Reservations can be made by groups of 4 or more one month prior to the planned event. Standing reservations are not available.



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"We value and appreciate hearing from you"



SOUTHPORT'S POT LUCK RECIPE OF THE MONTH DEANIE WEEDEN'S Apple Sauce Cake

Ingredients:

1 cup butter or margarine
2 cups sugar
2 eggs (well beaten)
2 1/2 cups flour
(set aside 1/2 cup
for coating raisins)
2 tsp. baking soda 2 tsp. salt
2 tsp. cinnamon 1 tsp. cloves
2 cups of English walnuts or pecans 2 cups raisins
2 cups of hot applesauce



Instructions:

Preheat oven to 350 degrees. In a large bowl, blend butter, sugar, eggs and slowly add 2 cups of flour. Add baking soda, cinnamon, salt, cloves and applesauce. Blend thoroughly. Combine raisins and 1/2 cup of flour coating thoroughly then add nuts and toss and fold into applesauce mix. Pour into bundt pan or large loaf pan (3/4's full). Bake for 1 hour or until a knife insert comes out clean. **Note:** red wine may be used to moisten the cake if it comes out too dry.



COCKTAIL HOUR *Dick Knoles, Resident Mixologist*

Blackberry Wine Slushie

Ingredients:

4 oz. red wine
1 1/2 oz. vodka
5 blackberries
1 oz. freshly squeezed
orange juice
1 tsp. Agave Nectar
Garnish: 2 blackberries



Instructions:

Add all of the ingredients with 1 1/2 cups of ice into a blender and blend until smooth. Pour into a stemless wine glass. Garnish with 2 blackberries.

Note: This would also be a great cocktail using raspberries in place of the blackberries.

It's 5 O'clock Somewhere.....

Southport Springs Sunshine Committee



Saturday
November 9, 2024
9am to 1pm
Little Clubhouse

We need pies, cookies, candies, breads, pastries, etc.

Baked goods will be accepted between **7:00 am & 10:30 am** the day of the sale—or you can call us to have someone pick them up!

Karol McGinn
813-388-0148
KarolMcGinn@Gmail.com



Cindy Judy
717-514-3997
CinJudy622@gmail.com

The Sunshine Committee distributed over \$2,300 throughout the Southport Springs Community during this calendar year!

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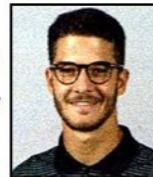
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Golf Association



Dave Dundas, President

Happy September to all. Well folks, before long the course will start to get busy, so enjoy playing while it's slow. With all the rain the front nine has been closed. The front opened up on August 19th with temporary greens on 7 holes. Looks like we will have the temporary greens through much of September. September and October bring possible tropical storms and hurricanes. So, let's hope for the best in our area. Please follow the "No Carts" signage on the course and if we get major rains, please abide by cart paths only. Also, most all of you have seen some new tee boxes going in on the front nine. More trees have been removed as well. Looks like we're having a NITE GOLF outing on Friday night September 13th. It will require you to sign up as it will include dinner and prizes and fun for all.

I'm always looking for donations for our fund raiser and want to thank those who have already donated. So, if you have any booze, wine, golf accessories etc. please let me know. I am working on getting a late September early October date for the 'Golf Fund Raiser' and would like to have as large a group of players as possible. The fund raiser helps pay for men and ladies Match Play dinners and the club championship plus printing supplies and handicap weekly readouts for the guys and ladies that post weekly. That's about it for now, so please take it easy out there and enjoy the rest of the dog days of summertime golf. Drink plenty of water and if you hear thunder get off the course.

Thank You,
Dave



Golf Committee

Dave Dundas	813-599-5913	davedingo@aol.com
Ron Greene	813-713-0784	rmg4843@yahoo.com
Patrick Fearick	813-508-1739	pjf2324@msn.com
Ray Whitney	920-212-5613	nrwhit@gmail.com



TENNIS

Monday, Thursday
and Saturday
8:00am

Residents & Guests

Anyone interested in playing tennis, come on out and join the fun. It's a great way to exercise.

GOLF & PRO SHOP

Daily
7:00am - 5:00pm

Note: Pro Shop open on
Sunday 7:00am - 2:00pm

HORSESHOES

Practice
Every Monday & Thursday
6:00pm
Down At The Pit

SHUFFLEBOARD

Every Monday Evening
At 6:30pm
Down At The
Shuffleboard Court
Everyone Is Welcome

PICKLEBALL

Sunday Evenings At 7:00pm
& Thursday Mornings At 8:30am

Down At The Tennis Courts
Everyone Is Welcome

CORNHOLE

Tuesday Evenings
At 6:15pm

Down At The
Horseshoe Pit
Everyone Is Welcome

Note: No Cornhole
On Potluck Tuesdays

**Friday
September 13th**

**Dinner &
Nite Golf**

**On The Back 9
Shot Gun Start 8:30pm
Play Best Ball
Limited to 80 Players**

1st, 2nd & 3rd Place Prizes

\$25.00pp

(Dinner In The Main Clubhouse at 6:00pm)
(Beer & Wine Included)

Golfer's Non-playing Dinner Guests \$15.00pp

**Tickets Now On Sale
(See page 9 for ticket sales dates)**

This Is A Community Sponsored Event



SOUTHPORT SPRINGS
GOLF AND COUNTRY CLUB

Southport Springs Residents Summer Schedule 2024



Monday: 7:00 am
7:30 am
10:00 am

Men Fun 18 holes
Contact: Larry Britton 321-544-7718
Rat Pack Men's 18 Holes
Contact: Cliff Eckerd 813-713-7400
Ladies Monday (20 Players Max)
Contact: Barb



Tuesday: 7:15 am

Men Blue Tees 18 holes Quarters
Contact: Joe Finley 813-310-7256

9:30 am

Men Fun 18 holes
Contact Mike Quartucci 267-679-9750

Wednesday 7:00 am

Men Fun 18 holes
Contact: Larry Britton 321-544-7718

7:15 am

Men Quarters 18 holes
Contact: Joe Finley 813-310-7256

8:28 am

Lambert Ladies Fun 18 holes
Contact: Darlene Lambert 413-519-4903

10:00 am

Mixed Seniors Fun 9 holes
Contact: Helen Greene 813-362-9928

Thursday 7:15 am

Men Quarters 18 holes
Contact: Joe Finley 813-310-7256

8:30 am

'Ladies Swingers' 18 holes
Contact: Barbara Holdridge 813-701-6789

9:30 am

Men Fun 18 holes
Contact Mike Quartucci 267-679-9750

Friday 7:00 am

Men Fun 18 holes
Contact: Larry Britton 321-544-7718

7:30 am¹

Men 18 holes
Contact: Dave Dundas 813-599-5913

8:23 am

'Betty's Babes' Ladies 18
Contact: Betty Texter 716-574-6633

Saturday 9:00am

Mixed Resident Scramble 18 holes
Contact: Ron Greene 813-713-0784

Resident Non-Members & Guests must pay at the pro shop prior to their round

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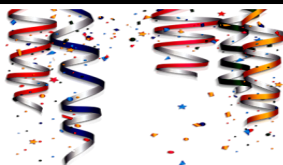
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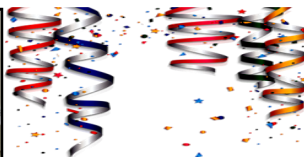
September

Albring, Diane	Sept	1
Cluck, Mary Adele	Sept	2
Sheveily, Joy	Sept	2
Bently, Judy	Sept	4
Bredeau, Dianna	Sept	4
Rose, Betty	Sept	5
Breece, Monae	Sept	6
Phelps, LeDeama	Sept	7
Rosas, Ann Marie	Sept	8
Watson-Baulch, Dianne	Sept	8
Addis, Kitty	Sept	9
Hall, Elaine	Sept	10
Dillingham, Dona	Sept	11
Gorski, Janice	Sept	11
Martin, Joanne	Sept	11
Azadian, Suzanne	Sept	12
Graziano, Carolyn	Sept	14
Gilmore, Bonnie	Sept	17
Barron, Ilona	Sept	19
Campbell, Martha	Sept	19
Hill, Rosemary	Sept	19
Thomason, Pat	Sept	19
Ross, Barbara	Sept	19
Gordon, Cheryl	Sept	20
Wallis, Ann	Sept	21
Jones, Phyllis	Sept	21
Mackin, Sharon	Sept	21
Stewart, Carol	Sept	22
Earls, Rita	Sept	23
Myer, Linda	Sept	24
Dickson, Janet	Sept	25
Hrovosky, Lyn	Sept	26
Raile, Kay	Sept	26

Duchinsky, Marcella	Sept	27
Rogers, Melissa	Sept	29
Haugen, Unni	Sept	29
Rodecker, Linda	Sept	29
Cole, Bonita	Sept	30
Stramiello, Juleen	Sept	30

October

Gagne, Carole	Oct	1
Vogel, Barbara	Oct	1
Funk, Mary	Oct	2
Crutcher, Debbie	Oct	2
Prim, Terri	Oct	2



Celebrate!

September

Legault, Todd	Sept	2
Brombach, Tom	Sept	2
Madl, Don	Sept	3
Pache, Walt	Sept	4
Clement, Art	Sept	6
Hurlburt, Roger	Sept	6
Rodgers, Chuck	Sept	6
Kaminsky, Ron	Sept	8
Gorski, Joe	Sept	11
Smith, Roland	Sept	11
Thull, Richard	Sept	12
Evans, Bill	Sept	14
MacDonald, Ed	Sept	15
Dundas, Dave	Sept	15
Reynolds, Dave	Sept	16
Quartucci, Mike	Sept	16
Osborne, Ted	Sept	17
Challen, Gary	Sept	17
Triplett, John	Sept	19
Stevens, Danny	Sept	20

Till, Carl	Sept	21
Wilkinson, Jim	Sept	21
Liefert, Charles	Sept	21
Wampler, Wendell	Sept	21
Smith, Allen	Sept	21
Wenk, Steve	Sept	22
Davis, Joe	Sept	24
Fox, Mike	Sept	25
Campbell, Lee	Sept	25
Hurlburt, Bob	Sept	26
Hayes, Patrick	Sept	26
Gallion, Bob	Sept	28
Beauparlant, Mike	Sept	29
Snow, Cliff	Sept	29
Turney, Glen	Sept	29
Taylor, Bob	Sept	29
Dixon, Llooyd	Sept	30
Abbott, Rich	Sept	30
McKee, Leo	Sept	30

October

McGregor, Rob	Oct	3
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**Note: Please contact
Mike Strawn at 863-333-8028
or E-mail him at
mikes@southportspringshoa.com
with any corrections
or omissions.**



September

Gallagher, Tom & Agnes	Sept	1
Moyer, Bill & Lisa	Sept	2
Thompson, Bob & Judy	Sept	3
Rodecker, Tom & Linda	Sept	4
Krause, Bob & Sonja	Sept	6
Weston, Paul & Marie	Sept	6
Phillips, Walt & Barbara	Sept	6
Bentley, Jim & Judy	Sept	6
Quartucci, Mike & Winnie	Sept	7
Myer, Gary & Linda	Sept	7
Shepherd, Gary & Linda	Sept	10
Calkins, Don & Kay	Sept	13
Davis, Gerald & Clara	Sept	14
Steel, Bill & Lil	Sept	15
Dougherty, Bob & Melissa	Sept	16
White, Lee & Sheryl	Sept	16

Lucariello, Vince & Joyce	Sept	18
Rodgers, Chuck & Lois	Sept	18
Conkie, Charles & Colleen	Sept	19
Digaspari, Tony & Elizabeth	Sept	25
Reynolds, Dave & Shirley	Sept	27
Lynch, John & Janice	Sept	27
Osbourne, Jim & Lynn	Sept	29

October

Phelps, Ed & LaDeama	Oct	1
Coleman, Bill & Cindy	Oct	1



EDITORIAL *Lori Pettit, Assistant Editor*



I can't believe summer has already come and gone. For some reason, time seems to be going by so quickly these days. Seems like only yesterday that we moved our clocks ahead one hour. Whew! Anyhow, as I reflected on this past summer, I found myself recalling songs of summers past and remembering how I spent many a summer day listening to music on the record player in my room. When it was too hot outdoors, I re-

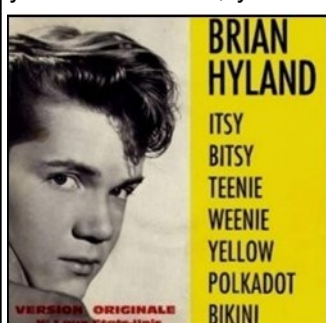
treated to my room and my record albums. Do you recall where you were when your first heard "Summer Nights"? Or how about "Hot Fun in the Summertime" by Sly & The Family Stone? And where were you and who were you dating when The Archies sang "Sugar, Sugar"? There are about a hundred songs with the word "summer" in the title. I don't

think that's a coincidence. There's nothing better than a warm summer breeze, a sunny sky and some great tunes to spark your memory of good times

I spent a few afternoons down at the pool this past summer and enjoyed the music playing. This one time there was a collection of the greatest songs of the 1970's playing, and several pool guests were singing along. Each seemed deep into their renditions of the song and preparing for pool Karaoke. A few others tapped their toes or lip synched, each focused and happily distracted by the song.

Probably the most memorable songs of summer are those heard while on vacation. Lazy days around the backyard pool or gatherings around an evening campfire have musical memories for me. Reggae music playing at any bar instantly takes me to that spot at the far end of St. John in the U.S. Virgin Islands. What an amazing afternoon I spent snorkeling with a guide from the National Park Service. My group later met the Park Ranger at the bar and heard some great stories about her travels.

The best thing about songs is their ability to relax and calm your thoughts. A great song will completely capture your full attention; you can't sing along and think at the same time. Goodbye troubles!



Silly songs, television theme songs, commercials, love songs...they all have the ability to hang around in our memories. Think about any of these song titles for a second and you'll soon find yourself singing them. How about "Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini"? And the theme song from Love Boat will still be

playing in your head five minutes from now. And try singing the official "Big Mac" sandwich song. I'll bet you still know every word.

Any song will do the trick; but the trick is to listen to music every day. It will boost both your mood and your memory. I recently read a short book that recommended this very practice. The title of the book is "The 100 Simple Secrets of Happy People: What Scientists Have

Learned and How You can Use it" by David Niven available on Amazon for \$6.96. Simple Secret #75 is "Listen to Music".

Music communicates to us on many different levels and our favorite music will often transport our mind to a favorite place. A study conducted by E. Hakanen found that when professors played Mozart in their classrooms while the students worked on a series of tests, the students did better. Why? Because scientists have found that music stimulates the brain. Contrary to some reports that have suggested that this effect occurs primarily in infants, more recent research suggests that music has a positive effect at any age. Music excites the mind whether we're one, forty-one or a hundred and one. A positive effect was found for 92% of the individuals included in the trial when they listened to music of their choice. Excitement and happiness were typical reactions to the music.

Songs have the unique ability to instantly create a mood shifting tsunami. When the thunderstorms change your outdoor plans, grab some favorite tunes, retreat to your favorite, comfortable chair and ride out the storm with music. Another fun thing to do is to look for upcoming events that feature your favorite artists (past and present). We recently had a really fun community sponsored event called

"Margaritaville" "...wastin away again in Margaritaville, searching for my lost shaker of salt..." If you were lucky enough to get a ticket, I'm sure the song put you in a happy place and stayed in your head for days.



If you'd like, you can view and even print this issue and prior issues (or individual pages) of The Southport Sun in **color** or in B&W by going on line to:
southportspringshoa.com



DEADLINE: Deadline for submitting articles, pictures, "thank you" notes etc. is the 20th of the month. Anything received after the 20th will appear in the following month's issue.

DISCLAIMER: When submitting an article or articles for publication, please indicate if you do not wish your article to be edited by our editorial staff and/or if you would prefer not to have photos or artwork included. In those instances, the editorial staff will not be held responsible for content, structure, spelling, grammar etc. Type written submissions greatly assist in minimizing errors. Thanks for your understanding, help and cooperation.

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Joann Fearick
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Advanced
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Cindy Judy
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Cindy Judy
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cinjudy622@gmail.com



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